YOUR TREATMENT GUIDE

Glofitamab, gemcitabine and oxaliplatin

Also called Glofit-GemOx. A treatment for large B-cell lymphoma. This guide shows what happens on each day of your treatment and which medicines to take at home.

Name _____ **Hospital number** _____

Consultant _____ **Start date** _____

How your treatment is planned

Treatment is given in **cycles**. Each cycle lasts **3 weeks (21 days)**. You can have up to **12 cycles**, which is about 8 months of treatment.

1	2	3	4	5	6	7	8	9	10	11	12

Build-up — Cycles 2–8: glofitamab with chemotherapy — Cycles 9–12: glofitamab only

Reading your calendar

- **Hospital** — Treatment in the haematology day unit
- **Stay in** — Stay in hospital so you can be monitored
- **Tablets** — Tablets to take at home on these days
- **G-CSF** — Injection under the skin, once a day

Write the date under each day number when you start a cycle. Your team may move dates, for example if your blood counts need more time to recover.

Get help straight away, day or night

Call the 24-hour helpline if you:

- have a temperature of 38°C or above, or feel shivery or generally unwell
- feel dizzy or faint, or are short of breath
- feel confused or very sleepy, or have trouble speaking or writing

24-hour helpline: _____

CYCLE 1 · 3 WEEKS

Building up the dose

Glofitamab is started at a low dose and increased in steps. This lowers the risk of a reaction called cytokine release syndrome. You will stay in hospital, or be closely monitored, for your first glofitamab dose on Day 8.

WEEK 1

Day 1 __/__	Day 2 __/__	Day 3 __/__	Day 4 __/__	Day 5 __/__	Day 6 __/__	Day 7 __/__
Hospital Obinutuzumab	Hospital Gemcitabine + oxaliplatin Anti-sick	Steroids Anti-sick	Steroids Anti-sick	Steroids Anti-sick		

WEEK 2

Day 8 __/__	Day 9 __/__	Day 10 __/__	Day 11 __/__	Day 12 __/__	Day 13 __/__	Day 14 __/__
Stay in Glofitamab 2.5mg (first dose)	G-CSF	G-CSF	G-CSF	G-CSF	G-CSF	G-CSF

WEEK 3

Day 15 __/__	Day 16 __/__	Day 17 __/__	Day 18 __/__	Day 19 __/__	Day 20 __/__	Day 21 __/__
Hospital Glofitamab 10mg G-CSF						

IN HOSPITAL

- **Day 1** — **Obinutuzumab 1000mg** drip. Prepares your body for glofitamab.
- **Day 2** — **Gemcitabine and oxaliplatin** drips (chemotherapy).
- **Day 8** — **Glofitamab 2.5mg** drip. First dose: you stay in.
- **Day 15** — **Glofitamab 10mg** drip.

AT HOME

- **Days 3–5** — **Dexamethasone 4mg** steroid tablets, twice a day.
- **Days 2–5** — **Ondansetron 8mg** anti-sickness, twice a day for 3 days, starting the evening of Day 2.
- **Days 9–15** — **G-CSF** injection once a day. Helps your white blood cells recover.

EVERY DAY DURING THIS CYCLE

Allopurinol 300mg
Once a day · protects your kidneys

Aciclovir 400mg
Twice a day · prevents shingles

Omeprazole 20mg
Once a day · protects your stomach

Co-trimoxazole 960mg
Monday, Wednesday and Friday · prevents a type of pneumonia (PCP)

If needed — **Metoclopramide 10mg** tablet up to three times a day if you feel sick

CYCLES 2 TO 8 · USE ONE COPY PER CYCLE

Glofitamab with chemotherapy

All three treatments are given on Day 1, so expect a long day in the day unit. In cycle 2 glofitamab is given over about 4 hours; from cycle 3 it usually takes about 2 hours.

Cycle number _____

WEEK 1

Day 1 __/__	Day 2 __/__	Day 3 __/__	Day 4 __/__	Day 5 __/__	Day 6 __/__	Day 7 __/__
Hospital Glofitamab + chemo Anti-sick	Steroids Anti-sick	Steroids Anti-sick	Steroids Anti-sick			

WEEK 2

Day 8 __/__	Day 9 __/__	Day 10 __/__	Day 11 __/__	Day 12 __/__	Day 13 __/__	Day 14 __/__
	G-CSF	G-CSF	G-CSF	G-CSF	G-CSF	G-CSF

WEEK 3

Day 15 __/__	Day 16 __/__	Day 17 __/__	Day 18 __/__	Day 19 __/__	Day 20 __/__	Day 21 __/__
G-CSF						

IN HOSPITAL

Day 1 **Glofitamab 30mg** drip.

Day 1 **Gemcitabine and oxaliplatin** drips (chemotherapy).

AT HOME

Days 2–4 **Dexamethasone 4mg** steroid tablets, twice a day.

Days 1–4 **Ondansetron 8mg** anti-sickness, twice a day for 3 days, starting the evening of Day 1.

Days 9–15 **G-CSF** injection once a day.

EVERY DAY DURING THIS CYCLE

Aciclovir 400mg
Twice a day · prevents shingles

Omeprazole 20mg
Once a day · protects your stomach

Co-trimoxazole 960mg
Monday, Wednesday and Friday · prevents a type of pneumonia (PCP)

If needed **Metoclopramide 10mg** tablet up to three times a day if you feel sick

CYCLES 9 TO 12 · USE ONE COPY PER CYCLE

Glofitamab on its own

Your chemotherapy has finished. You now have glofitamab once every 3 weeks, on Day 1 of each cycle. You no longer need steroid, anti-sickness or G-CSF medicines.

Cycle number _____

WEEK 1

Day 1 __/__	Day 2 __/__	Day 3 __/__	Day 4 __/__	Day 5 __/__	Day 6 __/__	Day 7 __/__
Hospital Glofitamab 30mg						

WEEK 2

Day 8 __/__	Day 9 __/__	Day 10 __/__	Day 11 __/__	Day 12 __/__	Day 13 __/__	Day 14 __/__

WEEK 3

Day 15 __/__	Day 16 __/__	Day 17 __/__	Day 18 __/__	Day 19 __/__	Day 20 __/__	Day 21 __/__

IN HOSPITAL

Day 1 **Glofitamab 30mg** drip, usually over about 2 hours.

EVERY DAY DURING THIS CYCLE

Aciclovir 400mg
Twice a day · prevents shingles

Omeprazole 20mg
Once a day · protects your stomach

Co-trimoxazole 960mg
Monday, Wednesday and Friday · prevents a type of pneumonia (PCP)

NOTES

YOUR MEDICINES EXPLAINED

What each medicine is for

Medicine	What it is for	How it is given
Obinutuzumab	Given once before glofitamab to lower the chance of a reaction	Drip · Cycle 1, Day 1
Glofitamab	An antibody that helps your immune cells find and attack lymphoma cells	Drip · every 3 weeks
Gemcitabine and oxaliplatin	Chemotherapy	Drips · Day 1 (Day 2 in cycle 1), cycles 1–8
Dexamethasone 4mg	Steroid that helps prevent sickness	Twice a day for 3 days after chemotherapy
Ondansetron 8mg	Prevents sickness	Twice a day for 3 days, from the evening of chemotherapy
Metoclopramide 10mg	Treats sickness if it happens	Up to three times a day if needed
G-CSF	Helps your white blood cells recover	Injection under the skin, once a day, Days 9–15
Allopurinol 300mg	Protects your kidneys as lymphoma cells break down	Once a day, cycle 1 only
Aciclovir 400mg	Prevents shingles	Twice a day
Co-trimoxazole 960mg	Prevents a type of pneumonia (PCP)	Monday, Wednesday and Friday
Omeprazole 20mg	Protects your stomach	Once a day

YOUR CONTACTS

24-hour helpline _____

Haematology day unit _____

Clinical nurse specialist _____

Pharmacy _____

Keep taking your medicines exactly as your team tells you. If you are not sure about any medicine, ask your nurse or pharmacist. Bring this guide to every appointment.